

# **Livingston High School**

30 Robert Harp Drive, Livingston, New Jersey 07039

Spring 2019 Counseling Newsletter

Some of the best memories are made in flip flops...enjoy your summer!

#### **IMPORTANT DATES**

May 27: NO SCHOOL- Happy Memorial Day!

June 1: SAT at LHS-8am

June 6: Senior Awards and Scholarship Program-7pm (LHS Auditorium)

June 20: LHS Graduation- 10:30am- Congratulations seniors!

June 27: Final Report Cards posted after 3pm

August 15: Schedule Change Request Deadline

#### **FINAL EXAM SCHEDULE**

June 10: Reading Day (all classes meet)

June 11: Reading Day (all classes meet)

June 12: Final Exams- Periods 1 & 2

June 13: Final Exams- Periods 3 & 4

June 14: Final Exams- Period 5 &6

June 17: Final Exams- Period 7 & 8

#### **LHS School Counseling Department**

Mrs. Sinead Crews screws@livingston.org

Director of School Counseling

#### **School Counselors**

Mr. Adam Berryann

Ms. Val Desamours

Ms. Kathleen Guzman

Ms. Sarah Joseph

Ms. Amy Kessler

Ms. Stephanie Molaro

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# Stay mindful this summer! Resources to help:

- "Calm" app- meditation techniques for sleep and stress reduction
- How to bring Mindfulness to your next vacation
- Summer Mindfulness Tips
- Stress less during College Application Season
- > 5 minute meditation



## **CLASS OF 2019**

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Graduation
will be at
10:30 AM
Thursday
June 20<sup>th</sup>

~ Congratulations Class of 2019 ~

You did it!

#### **Reminders:**

Please stop by your Counselor's office before graduation to update them on your plans for next year. Without notification your transcript will delay in processing to post-secondary institutions\*

If you have not already done so during the NJSLA Senior Programming, please complete the Graduation Survey found online,

Please Click Here!

Please click <u>here</u> for information about Project Graduation

#### **Other Important Information:**

JUNE 18: Senior Breakfast

**JUNE 18:** Seniors report for graduation rehearsal; seniors will receive cap & gown

**JUNE 19**: Seniors report for rehearsal and receive tickets for graduation ceremony!

Check for & pay fines in the Main Office

Let your counselor know your postsecondary plans

**Graduation!!** 

\*Transcripts will be updated and processed the second week of July. If your post-secondary program is requiring final official transcripts by July 1, please contact the program directly to share that final transcripts will be processed as soon as possible.



# **Class of 2020**

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### Let's brag about it!

Student and parent brag sheets are now available in Naviance for rising seniors and their families. Log in to Naviance, then click on the "About Me" tab. Under "About Me", click on the home button. Then, click on "Surveys to Take". Please check with your Counselor to see if there are specific deadlines for completion.

#### **Naviance Highlights:**

Remember to use these helpful features on Naviance

- SuperMatch (college search tool)
- College Overlaps (similar schools)
- Career Assessments such as:
  - Career Cluster Finder
  - Strengths Explorer
  - MI Advantage



Fastweb.com

Chegg.com

Collegeboard.org

Niche.com

Scholarships.com

Naviance.com Click on "Home" then "Scholarships & Money"

# Post-Secondary Search Spotlight: U.S. Service Academies

Please check out the post-secondary programs featured below as you continue your search process

**Air Force** 

**Coast Guard** 

**Military Academy** 

Navv

**Marines** 

# Check your email for...

- Student Information Packet
- Post-Secondary Application Boot Camps
- Summer College Counseling sign-ups
- Senior Toolkit Program (webcast)

## Looking ahead...

If the application deadline is	Your school counselor needs your green form(s) by
October 15 <sup>th</sup>	September 18 <sup>th</sup>
November 1 <sup>st</sup>	October 10 <sup>th</sup>
November 15 <sup>th</sup>	October 22 <sup>nd</sup>
December 1 <sup>st</sup>	November 5 <sup>th</sup>
December 15 <sup>th</sup>	November 19 <sup>th</sup>
January 1st 2020	December 2 <sup>nd</sup>
January 15 <sup>th</sup> 2020	December 13 <sup>th</sup>





# **CLASS OF 2021 & 2022**

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#### Díd you know?

Naviance offers links and resources for career and college planning such as:

- ✓ Click on the "CAREERS" tab to view "Careers I'm Thinking About", to explore "Careers, Clusters, and Pathways", and to view interviews about a particular career through "Roadtrip Nation"
- Click on the "COLLEGES" tab to view the homepage
  - Explore the "Super Match" link, "College Match", "College Search" and so much more!

# "You can't stop the waves, but you can learn to surf."

Enjoy your summer!

Lollapalooza!

Remember to read your summer book to prepare for Lollapalooza, happening in early September!

# Use the links below to explore careers!

Click here to try a career inventory survey!

Click on 'I want to be a...' then 'I'm not really sure'

Click here to find out more information about a career or to explore different career options through O\*NET!